



Do you find yourself feeling angry, frustrated, anxious, not sure how to cope with all the turmoil in our country and the world?

If so, you should plan to attend the **Adult Ed sponsored retreat** at First Congregational United Church of Christ in Ashland

**January 18 & 19** in the Social Hall/Sanctuary.

**To register:** Please send an email with your name and Dark Night as the subject to [ucc@opendoor.biz](mailto:ucc@opendoor.biz).

A CD series by Jungian scholar and Marist Brother Don Bisson will address how to develop a healthy response to the world situation and how to make a difference.

**When:** Friday, January 18 6:00 pm to 8:30 pm  
Saturday, January 19 9 am to 4 pm

**Where:** 717 Siskiyou Blvd upstairs in the Social Hall and Sanctuary

**Who:** Discussion of the information on the CD's will be facilitated by Elizabeth Fitting and Bob Jessop

**Why:** To learn to access hope that will allow us to transform ourselves, our community and our world.

## *Socially Induced Dark Night of the Soul*

*This is a fee event open to all. Donations gladly accepted*