

The First Congregational United Church of Christ of Ashland Oregon is excited to offer a comprehensive sexuality education series for High School Youth Grades 10-12 with peer education opportunities.

Dates:

Monday Sessions: October 16, October 23, October 30, November 6
Weekend Retreat: November 10th and 11th

Youth who engage in this series will have the opportunity to:

- Accrue Volunteer Hours
- Prepare for Senior Projects
- Build experience for college Resumes and Applications
- Develop Leadership Advocacy and Peer Education Skills

Cost is \$100 per youth; or \$150 per family. (Scholarships are available.)

Our Whole Lives is a secular comprehensive sexuality education curriculum available for Grades 10-12 that helps high school youth gain the knowledge, life principles and skills they need to express their sexuality in life-enhancing ways.

Our Whole Lives (OWL) follows four universal value standards:

- Self Worth
- Sexual Health
- Responsibility
- Justice and Inclusivity

OWL helps youth address their attitudes and values, and their attitudes toward their own and others' sexuality in positive and inclusive ways. Participants in grades 10-12 are guided by trained facilitators through an engaging curriculum that allows for open and honest youth affirming education that puts sexuality into the context of values and personal responsibility, helping youth manage social pressure and advocate for equality.

Topics Covered

- Examining Individual Values and Beliefs
- Body Image
- Anatomy & Physiology
- Reproductive and Sexual Health Care
- Birth Control Methods and Sexual Protection
- Gender Identity and Sexual Orientation
- Sexuality and People with Disabilities
- Sexual Expressions
- Relationships
- Verbal and Non-verbal Communication
- Defining Intimacy
- Sexual Behavior
- Influences of the Media
- Power and Responsibility
- Reproductive Rights and Choices
- Sexual Exploitation
- Sexual Harassment and Assault
- Consent
- Upstander Response
- Sexuality and Social Issues

For more information please contact:
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